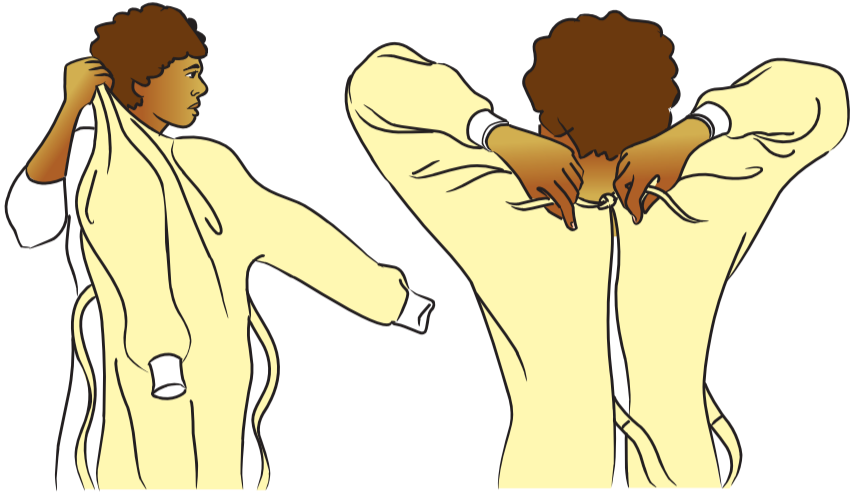


Sequence for putting on personal protective equipment (PPE)

Before procedure perform hand hygiene using soap and water or alcohol hand rub

1. Gown



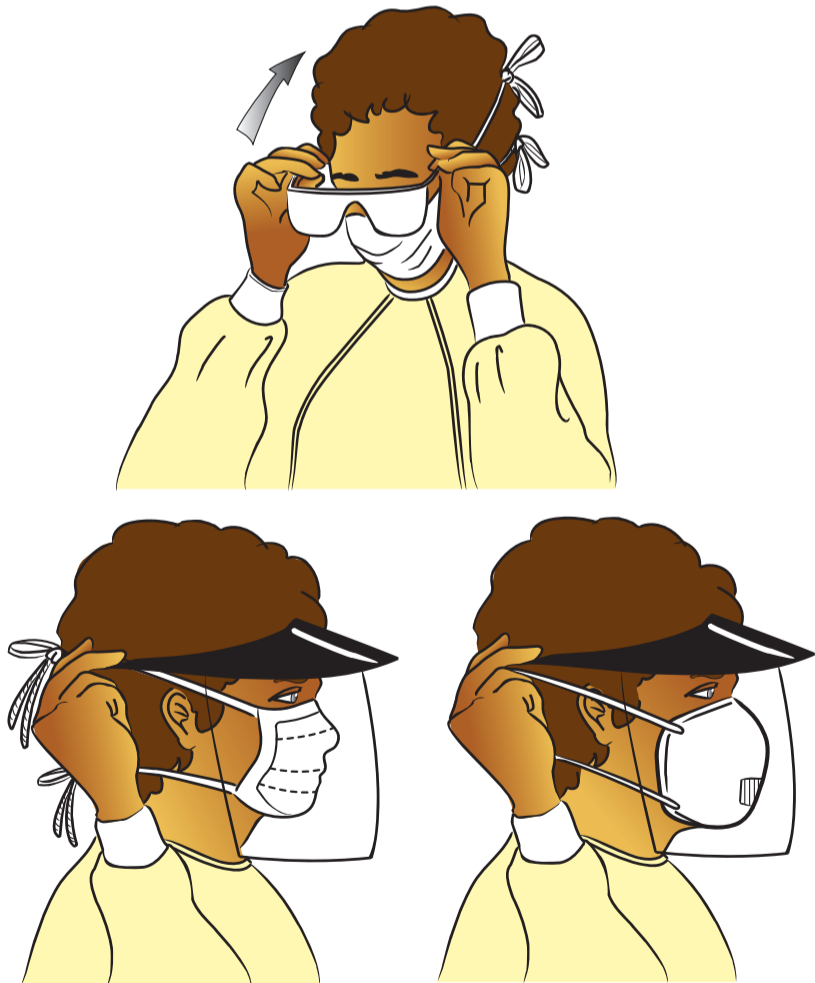
- Long sleeves down to wrist
- Length of gown down to knees
- Ties at back of neck and waist

2. Mask or respirator



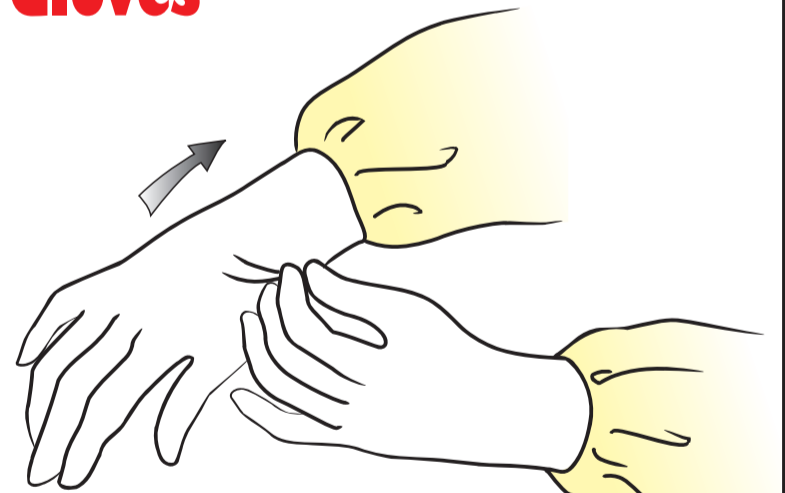
- Place mask over nose and mouth and below chin
- Tie strings
- Pull elastic bands over head – upper band above ear line, lower band below ear line
- Fit-check respirator by moulding nose strip over bridge of nose to get a snug fit

3. Goggles or eyeshield



- Put on goggles or eyeshield

4. Gloves



- Put gloves on
- Pull over wrist of isolation gown

Safety precautions

- Avoid adjusting PPE once you enter isolation area
- Avoid touching your face
- Minimise contact with environmental surfaces